



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Simon, Andreas

Club: Handballverein Ilseburg
Number: 795

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 52:35

Speed: 10.95 km/h

Rank in course/Total: 97 (of 208)

Rank in course/Men: 76 (of 134)

Best time in course: 32:58

Rank in category: 13(of 18)

Best time in the category: 38:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Total		Pos		Behind		
				Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men				
Loddenke	6.30	37:12	10.16	12	9:56	74	14:16	6.30	37:12	10.16	12	9:56	74	14:16				
Ilseburg/Markt	3.30	15:23	12.87	11	3:41	73	5:27	9.60	52:35	10.95	13	13:37	76	19:37				