



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Ahrend, Detlef

Club: Ilseburg
Number: 831

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 56:51

Speed: 9.50 km/h

Rank in course/Total: 128 (of 208)

Rank in course/Men: 99 (of 134)

Best time in course: 32:58

Rank in category: 8(of 12)

Best time in the category: 47:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Loddenke	6.30	39:56	9.02	8	6:11	96	17:00	6.30	39:56	9.02	8	6:11	96	17:00
Ilseburg/Markt	3.30	16:55	10.64	9	2:52	100	6:59	9.60	56:51	9.50	8	9:03	99	23:53