



45. Brockenlauf  
Ilsenburg / 05.09.2015

Detailed evaluation

Glockenmeier, Rolf

Club: Schwülper  
Number: 664

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 58:28

Speed: 9.24 km/h

Rank in course/Total: 146 (of 208)

Rank in course/Men: 106 (of 134)

Best time in course: 32:58

Rank in category: 10(of 14)

Best time in the category: 43:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	6.30	40:48	8.82	10	10:30	107	17:52	6.30	40:48	8.82	10	10:30	107	17:52
Ilsenburg/Markt	3.30	17:40	10.19	11	5:01	108	7:44	9.60	58:28	9.24	10	15:28	106	25:30