



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Dallmann, Mario

Club: Handballverein Ilseburg  
Number: 793

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:00:11

Speed: 8.97 km/h

Rank in course/Total: 160 (of 208)

Rank in course/Men: 114 (of 134)

Best time in course: 32:58

Rank in category: 12(of 14)

Best time in the category: 43:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Loddenke	6.30	41:10	8.74	11	10:52	108	18:14	6.30	41:10	8.74	11	10:52	108	18:14
Ilseburg/Markt	3.30	19:01	9.47	13	6:22	120	9:05	9.60	1:00:11	8.97	12	17:11	114	27:13