



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Pieper-Mrachaz, Helga

Club: LF Ehberg 02
Number: 785

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:03:15

Speed: 8.54 km/h

Rank in course/Total: 179 (of 208)

Rank in course/Women: 56 (of 74)

Best time in course: 41:18

Rank in category: 14(of 16)

Best time in the category: 44:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind			
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women		
Loddenke	6.30	45:12	7.96	13		14:29		6.30	45:12	7.96	13		14:29		56	16:47
Ilseburg/Markt	3.30	18:03	9.97	11		4:42		9.60	1:03:15	8.54	14		19:11		58	21:57