



45. Brockenlauf
Ilsenburg / 05.09.2015

Detailed evaluation

Arnold, Jeff

Club: 1111 Westside Drive
Number: 821

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:09:39

Speed: 8.27 km/h

Rank in course/Total: 195 (of 208)

Rank in course/Men: 129 (of 134)

Best time in course: 32:58

Rank in category: 18(of 18)

Best time in the category: 38:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	50:05	7.55	18	22:49	129	27:09	6.30	50:05	7.55	18	22:49	129	27:09
Ilsenburg/Markt	3.30	19:34	10.12	18	7:52	125	9:38	9.60	1:09:39	8.27	18	30:41	129	36:41