



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Hesse, Jörn

Club: Delligser SC  
Number: 12

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:53:16

Speed: 13.77 km/h

Rank in course/Total: 7 (of 532)

Rank in course/Men: 7 (of 452)

Best time in course: 1:36:15

Rank in category: 3(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:04	12.80	3	0:58	8	2:18	3.30	14:04	12.80	3	0:58	8	2:18
Schlüsie	3.10	15:31	11.60	3	1:08	9	2:36	6.40	29:35	12.17	3	1:54	9	4:54
Hermannsklippe	2.60	13:24	8.96	3	0:54	8	2:09	9.00	42:59	12.56	3	2:35	9	7:03
Brocken	3.10	21:05	8.54	3	1:15	10	3:53	12.10	1:04:04	11.24	3	3:50	9	10:56
Eiserner Handwe	3.60	13:22	13.47	3	1:07	6	1:45	15.70	1:17:26	11.62	3	4:57	9	12:41
Schlüsie	4.10	12:50	18.70	3	0:56	6	1:24	19.80	1:30:16	12.63	3	5:53	8	14:05
Loddenke	3.10	10:55	16.49	3	0:47	7	1:18	22.90	1:41:11	13.05	3	6:40	8	15:23
Ilseburg/Markt	3.30	12:05	14.90	3	1:05	8	1:38	26.20	1:53:16	13.77	3	7:45	7	17:01