



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Henselmann, Frank

Club: TuS Eintracht Bielefeld  
Number: 368

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:02:18

Speed: 12.76 km/h

Rank in course/Total: 24 (of 532)

Rank in course/Men: 23 (of 452)

Best time in course: 1:36:15

Rank in category: 2(of 78)

Best time in the category: 2:00:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:09	11.88	2	0:15	22	3:23	3.30	15:09	11.88	2	0:15	22	3:23
Schlüsie	3.10	16:25	10.96	2	0:06	18	3:30	6.40	31:34	11.40	2	0:21	19	6:53
Hermannsklippe	2.60	14:13	8.44	1	-	21	2:58	9.00	45:47	11.79	2	0:17	20	9:51
Brocken	3.10	23:39	7.61	3	1:31	41	6:27	12.10	1:09:26	10.37	2	1:48	24	16:18
Eiserner Handwe	3.60	14:15	12.63	1	-	15	2:38	15.70	1:23:41	10.75	2	1:35	22	18:56
Schlüsie	4.10	13:31	17.76	1	-	14	2:05	19.80	1:37:12	11.73	2	1:03	21	21:01
Loddenke	3.10	11:43	15.36	3	0:12	23	2:06	22.90	1:48:55	12.12	2	1:15	21	23:07
Ilseburg/Markt	3.30	13:23	13.45	6	0:40	43	2:56	26.20	2:02:18	12.76	2	1:55	23	26:03