



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Muschinski, Steffen

Club: Bautzener LV Rot-Weiß 90
Number: 354

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:07:02

Speed: 12.37 km/h

Rank in course/Total: 39 (of 532)

Rank in course/Men: 38 (of 452)

Best time in course: 1:36:15

Rank in category: 6(of 59)

Best time in the category: 1:45:31

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:21	12.11	11	3:15	55	4:35	3.30	16:21	12.11	11	3:15	55	4:35
Schlüsie	3.10	17:14	10.79	9	2:51	45	4:19	6.40	33:35	11.43	10	5:54	49	8:54
Hermannsklippe	2.60	14:39	10.65	7	2:09	33	3:24	9.00	48:14	11.20	9	7:50	43	12:18
Brocken	3.10	23:04	8.06	5	3:14	28	5:52	12.10	1:11:18	10.18	8	11:04	38	18:10
Eiserner Handwe	3.60	15:41	13.77	11	3:26	61	4:04	15.70	1:26:59	10.83	8	14:30	41	22:14
Schlüsie	4.10	14:37	16.83	8	2:43	41	3:11	19.80	1:41:36	11.69	8	17:13	41	25:25
Loddenke	3.10	12:11	15.27	7	2:03	48	2:34	22.90	1:53:47	12.08	6	19:16	38	27:59
Ilseburg/Markt	3.30	13:15	14.94	7	2:15	37	2:48	26.20	2:07:02	12.37	6	21:31	38	30:47