



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Krietenstein, Sascha

Club: SVKT Tri-4-Fun
Number: 501

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:07:52

Speed: 12.20 km/h

Rank in course/Total: 42 (of 532)

Rank in course/Men: 41 (of 452)

Best time in course: 1:36:15

Rank in category: 7(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:01	11.99	4	1:55	20	3:15	3.30	15:01	11.99	4	1:55	20	3:15
Schlüsie	3.10	16:33	10.88	4	2:10	21	3:38	6.40	31:34	11.40	4	3:53	19	6:53
Hermannsklippe	2.60	14:36	8.22	6	2:06	29	3:21	9.00	46:10	11.70	5	5:46	24	10:14
Brocken	3.10	24:35	7.32	12	4:45	57	7:23	12.10	1:10:45	10.18	7	10:31	36	17:37
Eiserner Handwe	3.60	15:19	11.75	9	3:04	53	3:42	15.70	1:26:04	10.46	7	13:35	35	21:19
Schlüsie	4.10	15:10	15.82	11	3:16	64	3:44	19.80	1:41:14	11.26	7	16:51	38	25:03
Loddenke	3.10	12:39	14.23	14	2:31	69	3:02	22.90	1:53:53	11.59	7	19:22	39	28:05
Ilseburg/Markt	3.30	13:59	12.87	16	2:59	77	3:32	26.20	2:07:52	12.20	7	22:21	41	31:37