



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Bahn Müller, Heiko

Club: LKdo Niedersachsen
Number: 462

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:10:16

Speed: 12.07 km/h

Rank in course/Total: 52 (of 532)

Rank in course/Men: 51 (of 452)

Best time in course: 1:36:15

Rank in category: 14(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:06	12.30	12	1:59	51	4:20	3.30	16:06	12.30	12	1:59	51	4:20
Schlüsie	3.10	17:46	10.47	14	2:00	58	4:51	6.40	33:52	11.34	12	3:59	51	9:11
Hermannsklippe	2.60	15:34	10.02	15	1:43	63	4:19	9.00	49:26	10.92	13	5:42	53	13:30
Brocken	3.10	25:23	7.33	15	4:32	75	8:11	12.10	1:14:49	9.70	15	10:11	59	21:41
Eiserner Handwe	3.60	15:18	14.12	13	1:49	51	3:41	15.70	1:30:07	10.45	15	12:00	60	25:22
Schlüsie	4.10	14:37	16.83	8	1:30	41	3:11	19.80	1:44:44	11.34	14	12:58	54	28:33
Loddenke	3.10	11:54	15.63	8	1:20	32	2:17	22.90	1:56:38	11.78	14	13:41	51	30:50
Ilseburg/Markt	3.30	13:38	14.52	12	1:41	54	3:11	26.20	2:10:16	12.07	14	15:04	51	34:01