



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Zinndorf, Bernhard

Club: Team Erdinger Alkoholfrei
Number: 278

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:11:13

Speed: 11.89 km/h

Rank in course/Total: 54 (of 532)

Rank in course/Men: 53 (of 452)

Best time in course: 1:36:15

Rank in category: 10(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:12	10.47	14	4:06	75	5:26	3.30	17:12	10.47	14	4:06	75	5:26
Schlüsie	3.10	17:56	10.04	14	3:33	68	5:01	6.40	35:08	10.25	14	7:27	72	10:27
Hermannsklippe	2.60	15:51	7.57	16	3:21	78	4:36	9.00	50:59	10.59	15	10:35	74	15:03
Brocken	3.10	24:40	7.30	14	4:50	62	7:28	12.10	1:15:39	9.52	14	15:25	66	22:31
Eiserner Handwe	3.60	15:12	11.84	8	2:57	45	3:35	15.70	1:30:51	9.91	13	18:22	62	26:06
Schlüsie	4.10	14:32	16.51	6	2:38	35	3:06	19.80	1:45:23	10.82	12	21:00	59	29:12
Loddenke	3.10	12:24	14.52	9	2:16	54	2:47	22.90	1:57:47	11.21	12	23:16	57	31:59
Ilseburg/Markt	3.30	13:26	13.40	10	2:26	48	2:59	26.20	2:11:13	11.89	10	25:42	53	34:58