



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Michel, Thomas

Club: Quedlinburg  
Number: 180

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:12:37

Speed: 11.76 km/h

Rank in course/Total: 59 (of 532)

Rank in course/Men: 58 (of 452)

Best time in course: 1:36:15

Rank in category: 13(of 59)

Best time in the category: 1:45:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	16:23	10.99	12	3:17	57	4:37	3.30	16:23	10.99	12	3:17	57	4:37	
Schlüsie	3.10	17:30	10.29	10	3:07	52	4:35	6.40	33:53	10.62	11	6:12	52	9:12	
Hermannsklippe	2.60	15:07	7.94	10	2:37	47	3:52	9.00	49:00	11.02	11	8:36	51	13:04	
Brocken	3.10	24:15	7.42	10	4:25	52	7:03	12.10	1:13:15	9.83	10	13:01	51	20:07	
Eiserner Handwe	3.60	16:07	11.17	15	3:52	76	4:30	15.70	1:29:22	10.07	10	16:53	53	24:37	
Schlüsie	4.10	15:06	15.89	10	3:12	61	3:40	19.80	1:44:28	10.91	10	20:05	52	28:17	
Loddenke	3.10	12:44	14.14	15	2:36	71	3:07	22.90	1:57:12	11.26	10	22:41	54	31:24	
Ilseburg/Markt	3.30	15:25	11.68	30	4:25	174	4:58	26.20	2:12:37	11.76	13	27:06	58	36:22	