



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Rabe, Norman

Club: TSV 1900 Königshütte  
Number: 236

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:12:50

Speed: 11.74 km/h

Rank in course/Total: 61 (of 532)

Rank in course/Men: 59 (of 452)

Best time in course: 1:36:15

Rank in category: 8(of 48)

Best time in the category: 1:56:54

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			km/h	Cat.								Cat.
Loddenke	3.30	17:13	10.45	10	3:05	76	5:27	3.30	17:13	10.45	10	3:05	76	5:27
Schlüsie	3.10	17:55	10.05	9	2:02	67	5:00	6.40	35:08	10.25	10	5:05	72	10:27
Hermannsklippe	2.60	15:43	7.64	9	1:51	71	4:28	9.00	50:51	10.62	10	6:52	72	14:55
Brocken	3.10	25:20	7.11	9	3:39	73	8:08	12.10	1:16:11	9.45	9	10:31	70	23:03
Eiserner Handwe	3.60	14:59	12.01	4	1:14	31	3:22	15.70	1:31:10	9.87	9	11:34	65	26:25
Schlüsie	4.10	14:21	16.72	4	1:09	32	2:55	19.80	1:45:31	10.80	9	12:37	60	29:20
Loddenke	3.10	12:25	14.50	8	1:00	55	2:48	22.90	1:57:56	11.19	8	13:37	59	32:08
Ilseburg/Markt	3.30	14:54	12.08	18	2:19	140	4:27	26.20	2:12:50	11.74	8	15:56	59	36:35