



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Dietz, Ralph

Club: team deutschland
Number: 77

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:14:04

Speed: 11.64 km/h

Rank in course/Total: 72 (of 532)

Rank in course/Men: 70 (of 452)

Best time in course: 1:36:15

Rank in category: 9(of 78)

Best time in the category: 2:00:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:56	10.63	9	2:02	67	5:10	3.30	16:56	10.63	9	2:02	67	5:10
Schlüsie	3.10	18:13	9.88	11	1:54	80	5:18	6.40	35:09	10.24	9	3:56	74	10:28
Hermannsklippe	2.60	15:31	7.73	7	1:18	61	4:16	9.00	50:40	10.66	8	5:10	68	14:44
Brocken	3.10	24:41	7.29	8	2:33	63	7:29	12.10	1:15:21	9.56	8	7:43	65	22:13
Eiserner Handwe	3.60	16:22	11.00	16	2:07	93	4:45	15.70	1:31:43	9.81	7	9:37	70	26:58
Schlüsie	4.10	16:02	14.97	17	2:31	110	4:36	19.80	1:47:45	10.58	8	11:36	71	31:34
Loddenke	3.10	12:35	14.30	9	1:04	62	2:58	22.90	2:00:20	10.97	8	12:40	70	34:32
Ilseburg/Markt	3.30	13:44	13.11	8	1:01	60	3:17	26.20	2:14:04	11.64	9	13:41	70	37:49