



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Brinkmann, Silke

Club: MTV Jahn Schladen
Number: 389

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:15:37

Speed: 11.59 km/h

Rank in course/Total: 76 (of 532)

Rank in course/Women: 3 (of 80)

Best time in course: 2:06:25

Rank in category: 1(of 18)

Best time in the category: 2:15:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:18	12.15	1	-	2	1:11	3.30	16:18	12.15	1	-	2	1:11
Schlüsie	3.10	18:19	10.15	1	-	2	1:12	6.40	34:37	11.09	1	-	2	2:23
Hermannsklippe	2.60	16:26	9.49	1	-	3	0:59	9.00	51:03	10.58	1	-	2	3:22
Brocken	3.10	26:57	6.90	1	-	4	2:09	12.10	1:18:00	9.31	1	-	2	5:31
Eiserner Handwe	3.60	15:07	14.29	1	-	2	0:12	15.70	1:33:07	10.12	1	-	2	5:43
Schlüsie	4.10	15:17	16.10	1	-	3	1:20	19.80	1:48:24	10.96	1	-	2	7:03
Loddenke	3.10	12:37	14.74	1	-	3	1:12	22.90	2:01:01	11.35	1	-	3	8:01
Ilseburg/Markt	3.30	14:36	13.56	1	-	4	1:26	26.20	2:15:37	11.59	1	-	3	9:12