



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Pospich, Philipp

Club: Berlin
Number: 211

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:16:21

Speed: 11.44 km/h

Rank in course/Total: 83 (of 532)

Rank in course/Men: 80 (of 452)

Best time in course: 1:36:15

Rank in category: 9(of 39)

Best time in the category: 1:51:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:07	11.17	6	2:24	52	4:21	3.30	16:07	11.17	6	2:24	52	4:21
Schlüsie	3.10	17:13	10.45	3	1:57	44	4:18	6.40	33:20	10.80	3	4:18	46	8:39
Hermannsklippe	2.60	15:08	7.93	3	2:02	49	3:53	9.00	48:28	11.14	3	6:20	47	12:32
Brocken	3.10	24:08	7.46	7	4:00	50	6:56	12.10	1:12:36	9.92	4	10:11	47	19:28
Eiserner Handwe	3.60	17:15	10.43	16	4:23	156	5:38	15.70	1:29:51	10.02	5	14:34	55	25:06
Schlüsie	4.10	17:29	13.73	24	4:32	206	6:03	19.80	1:47:20	10.62	7	19:06	70	31:09
Loddenke	3.10	14:37	12.31	22	3:30	223	5:00	22.90	2:01:57	10.82	8	22:36	77	36:09
Ilseburg/Markt	3.30	14:24	12.50	10	2:07	101	3:57	26.20	2:16:21	11.44	9	24:43	80	40:06