



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Heinrich, Uwe

Club: BSG Mecklenburgische Vers. Hannover
Number: 496

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:17:58

Speed: 11.31 km/h

Rank in course/Total: 89 (of 532)

Rank in course/Men: 86 (of 452)

Best time in course: 1:36:15

Rank in category: 3(of 50)

Best time in the category: 2:08:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:22	10.36	4	0:53	88	5:36	3.30	17:22	10.36	4	0:53	88	5:36
Schlüsie	3.10	18:55	9.52	5	1:36	104	6:00	6.40	36:17	9.92	5	2:03	91	11:36
Hermannsklippe	2.60	16:12	7.41	4	1:20	96	4:57	9.00	52:29	10.29	4	2:35	93	16:33
Brocken	3.10	25:41	7.01	3	1:47	88	8:29	12.10	1:18:10	9.21	4	4:22	88	25:02
Eiserner Handwe	3.60	16:39	10.81	8	1:12	112	5:02	15.70	1:34:49	9.49	4	5:34	88	30:04
Schlüsie	4.10	15:57	15.05	4	1:42	104	4:31	19.80	1:50:46	10.29	4	7:16	88	34:35
Loddenke	3.10	13:07	13.72	3	1:17	101	3:30	22.90	2:03:53	10.66	4	8:33	90	38:05
Ilseburg/Markt	3.30	14:05	12.78	4	0:54	84	3:38	26.20	2:17:58	11.31	3	9:27	86	41:43