



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Rostek, Peter

Club: LC Solbad Ravensberg
Number: 566

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:18:02

Speed: 11.30 km/h

Rank in course/Total: 90 (of 532)

Rank in course/Men: 87 (of 452)

Best time in course: 1:36:15

Rank in category: 18(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:50	10.09	22	4:44	107	6:04	3.30	17:50	10.09	22	4:44	107	6:04
Schlüsie	3.10	18:56	9.51	22	4:33	106	6:01	6.40	36:46	9.79	20	9:05	104	12:05
Hermannsklippe	2.60	16:03	7.48	19	3:33	90	4:48	9.00	52:49	10.22	19	12:25	97	16:53
Brocken	3.10	25:32	7.05	19	5:42	81	8:20	12.10	1:18:21	9.19	18	18:07	90	25:13
Eiserner Handwe	3.60	17:08	10.51	28	4:53	150	5:31	15.70	1:35:29	9.43	18	23:00	93	30:44
Schlüsie	4.10	15:58	15.03	22	4:04	105	4:32	19.80	1:51:27	10.23	18	27:04	95	35:16
Loddenke	3.10	12:55	13.94	19	2:47	84	3:18	22.90	2:04:22	10.61	18	29:51	93	38:34
Ilseburg/Markt	3.30	13:40	13.17	13	2:40	56	3:13	26.20	2:18:02	11.30	18	32:31	87	41:47