



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Plagge, Bernd

Club: Namban Rengo  
Number: 56

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:18:37

Speed: 11.25 km/h

Rank in course/Total: 96 (of 532)

Rank in course/Men: 93 (of 452)

Best time in course: 1:36:15

Rank in category: 4(of 50)

Best time in the category: 2:08:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:29	10.92	1	-	60	4:43	3.30	16:29	10.92	1	-	60	4:43
Schlüsie	3.10	17:45	10.14	2	0:26	57	4:50	6.40	34:14	10.52	1	-	59	9:33
Hermannsklippe	2.60	15:53	7.56	3	1:01	81	4:38	9.00	50:07	10.77	2	0:13	60	14:11
Brocken	3.10	27:08	6.63	8	3:14	138	9:56	12.10	1:17:15	9.32	3	3:27	79	24:07
Eiserner Handwe	3.60	16:27	10.94	4	1:00	98	4:50	15.70	1:33:42	9.61	3	4:27	81	28:57
Schlüsie	4.10	16:00	15.00	5	1:45	108	4:34	19.80	1:49:42	10.39	3	6:12	81	33:31
Loddenke	3.10	13:35	13.25	9	1:45	139	3:58	22.90	2:03:17	10.71	3	7:57	84	37:29
Ilseburg/Markt	3.30	15:20	11.74	9	2:09	162	4:53	26.20	2:18:37	11.25	4	10:06	93	42:22