



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Herberg, Kay

Club: Hannover
Number: 381

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:21:59

Speed: 10.99 km/h

Rank in course/Total: 120 (of 532)

Rank in course/Men: 117 (of 452)

Best time in course: 1:36:15

Rank in category: 20(of 91)

Best time in the category: 1:55:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:56	10.04	22	3:49	108	6:10	3.30	17:56	10.04	22	3:49	108	6:10
Schlüsie	3.10	19:25	9.27	26	3:39	140	6:30	6.40	37:21	9.64	24	7:28	116	12:40
Hermannsklippe	2.60	16:42	7.19	25	2:51	130	5:27	9.00	54:03	9.99	23	10:19	117	18:07
Brocken	3.10	27:32	6.54	32	6:41	157	10:20	12.10	1:21:35	8.83	26	16:57	134	28:27
Eiserner Handwe	3.60	16:30	10.91	19	3:01	101	4:53	15.70	1:38:05	9.18	23	19:58	126	33:20
Schlüsie	4.10	15:49	15.17	17	2:42	96	4:23	19.80	1:53:54	10.01	21	22:08	120	37:43
Loddenke	3.10	13:26	13.40	25	2:52	130	3:49	22.90	2:07:20	10.37	20	24:23	119	41:32
Ilseburg/Markt	3.30	14:39	12.29	24	2:42	114	4:12	26.20	2:21:59	10.99	20	26:47	117	45:44