



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Meisel, Ralph

Club: Schwerin
Number: 453

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:23:03

Speed: 10.91 km/h

Rank in course/Total: 134 (of 532)

Rank in course/Men: 131 (of 452)

Best time in course: 1:36:15

Rank in category: 8(of 50)

Best time in the category: 2:08:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:58	10.02	6	1:29	110	6:12	3.30	17:58	10.02	6	1:29	110	6:12
Schlüsie	3.10	19:23	9.29	7	2:04	139	6:28	6.40	37:21	9.64	6	3:07	116	12:40
Hermannsklippe	2.60	16:41	7.19	7	1:49	127	5:26	9.00	54:02	9.99	7	4:08	116	18:06
Brocken	3.10	27:29	6.55	10	3:35	156	10:17	12.10	1:21:31	8.83	8	7:43	133	28:23
Eiserner Handwe	3.60	16:33	10.88	5	1:06	106	4:56	15.70	1:38:04	9.18	8	8:49	125	33:19
Schlüsie	4.10	16:10	14.85	7	1:55	121	4:44	19.80	1:54:14	9.98	7	10:44	123	38:03
Loddenke	3.10	13:16	13.57	5	1:26	116	3:39	22.90	2:07:30	10.35	7	12:10	121	41:42
Ilseburg/Markt	3.30	15:33	11.58	13	2:22	183	5:06	26.20	2:23:03	10.91	8	14:32	131	46:48