



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Aschenbrenner, Jörg

Club: TriCity
Number: 29

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:23:29

Speed: 10.87 km/h

Rank in course/Total: 138 (of 532)

Rank in course/Men: 134 (of 452)

Best time in course: 1:36:15

Rank in category: 18(of 48)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:13	10.45	10	3:05	76	5:27	3.30	17:13	10.45	10	3:05	76	5:27
Schlüsie	3.10	18:53	9.53	15	3:00	102	5:58	6.40	36:06	9.97	11	6:03	85	11:25
Hermannsklippe	2.60	15:59	7.51	12	2:07	86	4:44	9.00	52:05	10.37	11	8:06	86	16:09
Brocken	3.10	28:03	6.42	24	6:22	180	10:51	12.10	1:20:08	8.99	16	14:28	112	27:00
Eiserner Handwe	3.60	16:59	10.60	20	3:14	135	5:22	15.70	1:37:07	9.27	15	17:31	115	32:22
Schlüsie	4.10	17:08	14.01	23	3:56	179	5:42	19.80	1:54:15	9.98	15	21:21	124	38:04
Loddenke	3.10	14:04	12.80	22	2:39	182	4:27	22.90	2:08:19	10.29	17	24:00	130	42:31
Ilseburg/Markt	3.30	15:10	11.87	22	2:35	155	4:43	26.20	2:23:29	10.87	18	26:35	134	47:14