



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Stöver, Olaf

Club: Dieburg
Number: 299

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:25:02

Speed: 10.76 km/h

Rank in course/Total: 149 (of 532)

Rank in course/Men: 145 (of 452)

Best time in course: 1:36:15

Rank in category: 25(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:11	9.38	43	5:04	213	7:25	3.30	19:11	9.38	43	5:04	213	7:25
Schlüsie	3.10	19:27	9.25	27	3:41	146	6:32	6.40	38:38	9.32	31	8:45	172	13:57
Hermannsklippe	2.60	17:02	7.05	29	3:11	149	5:47	9.00	55:40	9.70	29	11:56	161	19:44
Brocken	3.10	27:18	6.59	27	6:27	144	10:06	12.10	1:22:58	8.68	27	18:20	152	29:50
Eiserner Handwe	3.60	16:57	10.62	23	3:28	132	5:20	15.70	1:39:55	9.01	26	21:48	147	35:10
Schlüsie	4.10	16:12	14.81	23	3:05	125	4:46	19.80	1:56:07	9.82	25	24:21	143	39:56
Loddenke	3.10	13:52	12.98	30	3:18	166	4:15	22.90	2:09:59	10.16	25	27:02	144	44:11
Ilseburg/Markt	3.30	15:03	11.96	28	3:06	145	4:36	26.20	2:25:02	10.76	25	29:50	145	48:47