



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Brinke, Stefan

Club: Eiche Horn
Number: 436

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:25:35

Speed: 10.72 km/h

Rank in course/Total: 152 (of 532)

Rank in course/Men: 148 (of 452)

Best time in course: 1:36:15

Rank in category: 27(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:08	9.41	42	5:01	204	7:22	3.30	19:08	9.41	42	5:01	204	7:22
Schlüsie	3.10	19:59	9.01	32	4:13	189	7:04	6.40	39:07	9.20	36	9:14	194	14:26
Hermannsklippe	2.60	17:05	7.02	30	3:14	153	5:50	9.00	56:12	9.61	31	12:28	176	20:16
Brocken	3.10	27:05	6.65	26	6:14	136	9:53	12.10	1:23:17	8.65	29	18:39	158	30:09
Eiserner Handwe	3.60	17:20	10.38	27	3:51	164	5:43	15.70	1:40:37	8.94	27	22:30	154	35:52
Schlüsie	4.10	16:14	14.78	24	3:07	130	4:48	19.80	1:56:51	9.76	27	25:05	154	40:40
Loddenke	3.10	13:24	13.43	24	2:50	128	3:47	22.90	2:10:15	10.13	27	27:18	148	44:27
Ilseburg/Markt	3.30	15:20	11.74	32	3:23	162	4:53	26.20	2:25:35	10.72	27	30:23	148	49:20