



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Berkmann, Thomas

Club: RUNNING RIOT HANNOVER
Number: 502

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:26:19

Speed: 10.74 km/h

Rank in course/Total: 159 (of 532)

Rank in course/Men: 155 (of 452)

Best time in course: 1:36:15

Rank in category: 30(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:32	9.64	65	6:25	313	8:46	3.30	20:32	9.64	65	6:25	313	8:46
Schlüsie	3.10	20:02	9.28	34	4:16	197	7:07	6.40	40:34	9.47	50	10:41	259	15:53
Hermannsklippe	2.60	16:44	9.32	26	2:53	133	5:29	9.00	57:18	9.42	39	13:34	205	21:22
Brocken	3.10	27:21	6.80	29	6:30	147	10:09	12.10	1:24:39	8.58	33	20:01	180	31:31
Eiserner Handwe	3.60	18:24	11.74	43	4:55	220	6:47	15.70	1:43:03	9.14	34	24:56	188	38:18
Schlüsie	4.10	16:10	15.22	22	3:03	121	4:44	19.80	1:59:13	9.97	31	27:27	178	43:02
Loddenke	3.10	12:46	14.57	18	2:12	73	3:09	22.90	2:11:59	10.41	31	29:02	164	46:11
Ilseburg/Markt	3.30	14:20	13.81	23	2:23	97	3:53	26.20	2:26:19	10.74	30	31:07	155	50:04