



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Berkmann, Thomas

Club: RUNNING RIOT HANNOVER
Number: 502

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:26:19

Speed: 10.66 km/h

Rank in course/Total: 159 (of 532)

Rank in course/Men: 155 (of 452)

Best time in course: 1:36:15

Rank in category: 30(of 91)

Best time in the category: 1:55:12

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos | | Behind | | Total km | Total Time | Total km/h | Pos | | Behind | |
|-----------------|-------------|---------------|---------------|------|-----|--------|-------|-------------|---------------|---------------|------|-----|--------|-------|
| | | | | Cat. | Men | Cat. | Men | | | | Cat. | Men | Cat. | Men |
| Loddenke | 3.30 | 20:32 | 8.77 | 65 | 313 | 6:25 | 8:46 | 3.30 | 20:32 | 8.77 | 65 | 313 | 6:25 | 8:46 |
| Schlüsie | 3.10 | 20:02 | 8.99 | 34 | 197 | 4:16 | 7:07 | 6.40 | 40:34 | 8.87 | 50 | 259 | 10:41 | 15:53 |
| Hermannsklippe | 2.60 | 16:44 | 7.17 | 26 | 133 | 2:53 | 5:29 | 9.00 | 57:18 | 9.42 | 39 | 205 | 13:34 | 21:22 |
| Brocken | 3.10 | 27:21 | 6.58 | 29 | 147 | 6:30 | 10:09 | 12.10 | 1:24:39 | 8.51 | 33 | 180 | 20:01 | 31:31 |
| Eiserner Handwe | 3.60 | 18:24 | 9.78 | 43 | 220 | 4:55 | 6:47 | 15.70 | 1:43:03 | 8.73 | 34 | 188 | 24:56 | 38:18 |
| Schlüsie | 4.10 | 16:10 | 14.85 | 22 | 121 | 3:03 | 4:44 | 19.80 | 1:59:13 | 9.56 | 31 | 178 | 27:27 | 43:02 |
| Loddenke | 3.10 | 12:46 | 14.10 | 18 | 73 | 2:12 | 3:09 | 22.90 | 2:11:59 | 10.00 | 31 | 164 | 29:02 | 46:11 |
| Ilseburg/Markt | 3.30 | 14:20 | 12.56 | 23 | 97 | 2:23 | 3:53 | 26.20 | 2:26:19 | 10.66 | 30 | 155 | 31:07 | 50:04 |