



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Krakow, Manfred

Club: LG Henneberg Perleberg  
Number: 279

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:26:35

Speed: 10.64 km/h

Rank in course/Total: 163 (of 532)

Rank in course/Men: 158 (of 452)

Best time in course: 1:36:15

Rank in category: 3(of 30)

Best time in the category: 2:20:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:53	9.53	3	1:18	189	7:07	3.30	18:53	9.53	3	1:18	189	7:07
Schlüsie	3.10	20:05	8.96	3	0:50	199	7:10	6.40	38:58	9.24	3	1:57	187	14:17
Hermannsklippe	2.60	17:38	6.81	2	0:57	189	6:23	9.00	56:36	9.54	3	2:20	187	20:40
Brocken	3.10	28:30	6.32	3	2:34	190	11:18	12.10	1:25:06	8.46	3	4:54	185	31:58
Eiserner Handwe	3.60	18:01	9.99	3	1:10	194	6:24	15.70	1:43:07	8.73	3	6:04	189	38:22
Schlüsie	4.10	15:55	15.08	2	0:21	100	4:29	19.80	1:59:02	9.58	3	5:35	176	42:51
Loddenke	3.10	12:59	13.86	1	-	90	3:22	22.90	2:12:01	10.00	3	5:32	168	46:13
Ilseburg/Markt	3.30	14:34	12.36	2	0:18	111	4:07	26.20	2:26:35	10.64	3	5:50	158	50:20