



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Spornol, Andreas

Club: LF Ehberg 02
Number: 99

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:28:04

Speed: 10.54 km/h

Rank in course/Total: 181 (of 532)

Rank in course/Men: 173 (of 452)

Best time in course: 1:36:15

Rank in category: 30(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:37	10.22	20	4:31	97	5:51	3.30	17:37	10.22	20	4:31	97	5:51
Schlüsie	3.10	20:12	8.91	34	5:49	211	7:17	6.40	37:49	9.52	24	10:08	138	13:08
Hermannsklippe	2.60	17:56	6.69	32	5:26	213	6:41	9.00	55:45	9.69	29	15:21	164	19:49
Brocken	3.10	30:32	5.90	46	10:42	283	13:20	12.10	1:26:17	8.34	33	26:03	205	33:09
Eiserner Handwe	3.60	17:04	10.55	26	4:49	145	5:27	15.70	1:43:21	8.71	32	30:52	191	38:36
Schlüsie	4.10	15:36	15.38	20	3:42	91	4:10	19.80	1:58:57	9.58	31	34:34	173	42:46
Loddenke	3.10	13:29	13.35	27	3:21	133	3:52	22.90	2:12:26	9.97	30	37:55	173	46:38
Ilseburg/Markt	3.30	15:38	11.51	35	4:38	196	5:11	26.20	2:28:04	10.54	30	42:33	173	51:49