



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Bethke, Jörn

Club: Brockenlaufverein  
Number: 435

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:28:14

Speed: 10.52 km/h

Rank in course/Total: 184 (of 532)

Rank in course/Men: 176 (of 452)

Best time in course: 1:36:15

Rank in category: 31(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:09	9.40	31	6:03	207	7:23	3.30	19:09	9.40	31	6:03	207	7:23
Schlüsie	3.10	19:46	9.11	29	5:23	170	6:51	6.40	38:55	9.25	31	11:14	185	14:14
Hermannsklippe	2.60	17:36	6.82	30	5:06	188	6:21	9.00	56:31	9.55	32	16:07	185	20:35
Brocken	3.10	27:25	6.57	24	7:35	153	10:13	12.10	1:23:56	8.58	28	23:42	167	30:48
Eiserner Handwe	3.60	17:32	10.27	31	5:17	172	5:55	15.70	1:41:28	8.87	29	28:59	168	36:43
Schlüsie	4.10	16:55	14.19	31	5:01	165	5:29	19.80	1:58:23	9.63	30	34:00	166	42:12
Loddenke	3.10	14:18	12.59	38	4:10	197	4:41	22.90	2:12:41	9.95	31	38:10	176	46:53
Ilseburg/Markt	3.30	15:33	11.58	33	4:33	183	5:06	26.20	2:28:14	10.52	31	42:43	176	51:59