



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Sacks, Marten

Club: Harzlauf Straßberg
Number: 160

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:28:20

Speed: 10.52 km/h

Rank in course/Total: 186 (of 532)

Rank in course/Men: 178 (of 452)

Best time in course: 1:36:15

Rank in category: 23(of 48)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:03	9.97	17	3:55	113	6:17	3.30	18:03	9.97	17	3:55	113	6:17
Schlüsie	3.10	19:43	9.13	23	3:50	164	6:48	6.40	37:46	9.53	19	7:43	135	13:05
Hermannsklippe	2.60	17:08	7.00	20	3:16	156	5:53	9.00	54:54	9.84	19	10:55	138	18:58
Brocken	3.10	26:09	6.88	15	4:28	106	8:57	12.10	1:21:03	8.88	17	15:23	127	27:55
Eiserner Handwe	3.60	18:27	9.76	28	4:42	222	6:50	15.70	1:39:30	9.05	19	19:54	143	34:45
Schlüsie	4.10	17:51	13.45	29	4:39	228	6:25	19.80	1:57:21	9.71	21	24:27	157	41:10
Loddenke	3.10	14:49	12.15	27	3:24	235	5:12	22.90	2:12:10	9.99	23	27:51	171	46:22
Ilseburg/Markt	3.30	16:10	11.13	32	3:35	233	5:43	26.20	2:28:20	10.52	23	31:26	178	52:05