



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Genrich, Dr. Florian

Club: Post-SV Holzminden
Number: 5

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:29:16

Speed: 10.45 km/h

Rank in course/Total: 192 (of 532)

Rank in course/Men: 183 (of 452)

Best time in course: 1:36:15

Rank in category: 24(of 48)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:20	9.31	31	5:12	217	7:34	3.30	19:20	9.31	31	5:12	217	7:34
Schlüsie	3.10	19:52	9.06	26	3:59	176	6:57	6.40	39:12	9.18	28	9:09	197	14:31
Hermannsklippe	2.60	18:25	6.52	31	4:33	255	7:10	9.00	57:37	9.37	30	13:38	215	21:41
Brocken	3.10	29:27	6.11	31	7:46	230	12:15	12.10	1:27:04	8.27	30	21:24	221	33:56
Eiserner Handwe	3.60	16:58	10.61	19	3:13	134	5:21	15.70	1:44:02	8.65	27	24:26	198	39:17
Schlüsie	4.10	16:25	14.62	20	3:13	143	4:59	19.80	2:00:27	9.46	27	27:33	193	44:16
Loddenke	3.10	13:33	13.28	19	2:08	137	3:56	22.90	2:14:00	9.85	25	29:41	188	48:12
Ilseburg/Markt	3.30	15:16	11.79	23	2:41	158	4:49	26.20	2:29:16	10.45	24	32:22	183	53:01