



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Franzke, Jan

Club: TG Wehlheiden Kassel  
Number: 557

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:30:03

Speed: 10.40 km/h

Rank in course/Total: 201 (of 532)

Rank in course/Men: 192 (of 452)

Best time in course: 1:36:15

Rank in category: 34(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:44	9.61	34	4:37	178	6:58	3.30	18:44	9.61	34	4:37	178	6:58
Schlüsie	3.10	20:14	8.90	38	4:28	214	7:19	6.40	38:58	9.24	34	9:05	187	14:17
Hermannsklippe	2.60	18:11	6.60	45	4:20	233	6:56	9.00	57:09	9.45	36	13:25	197	21:13
Brocken	3.10	29:25	6.12	46	8:34	228	12:13	12.10	1:26:34	8.32	40	21:56	211	33:26
Eiserner Handwe	3.60	16:55	10.64	21	3:26	129	5:18	15.70	1:43:29	8.70	35	25:22	192	38:44
Schlüsie	4.10	16:47	14.30	28	3:40	160	5:21	19.80	2:00:16	9.48	33	28:30	192	44:05
Loddenke	3.10	14:26	12.47	39	3:52	209	4:49	22.90	2:14:42	9.80	33	31:45	194	48:54
Ilseburg/Markt	3.30	15:21	11.73	33	3:24	165	4:54	26.20	2:30:03	10.40	34	34:51	192	53:48