



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Mellies, Dirk

Club: Hamburg
Number: 466

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:30:05

Speed: 10.39 km/h

Rank in course/Total: 203 (of 532)

Rank in course/Men: 193 (of 452)

Best time in course: 1:36:15

Rank in category: 26(of 48)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:50	9.56	28	4:42	186	7:04	3.30	18:50	9.56	28	4:42	186	7:04
Schlüsie	3.10	20:01	8.99	28	4:08	194	7:06	6.40	38:51	9.27	25	8:48	180	14:10
Hermannsklippe	2.60	18:07	6.62	29	4:15	226	6:52	9.00	56:58	9.48	27	12:59	195	21:02
Brocken	3.10	28:56	6.22	30	7:15	210	11:44	12.10	1:25:54	8.38	28	20:14	197	32:46
Eiserner Handwe	3.60	18:10	9.91	27	4:25	208	6:33	15.70	1:44:04	8.65	28	24:28	199	39:19
Schlüsie	4.10	16:28	14.57	21	3:16	148	5:02	19.80	2:00:32	9.46	28	27:38	194	44:21
Loddenke	3.10	13:58	12.89	21	2:33	173	4:21	22.90	2:14:30	9.81	27	30:11	192	48:42
Ilseburg/Markt	3.30	15:35	11.55	26	3:00	188	5:08	26.20	2:30:05	10.39	26	33:11	193	53:50