



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Alberti, Nicole

Club: Brockenlaufverein
Number: 465

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:30:46

Speed: 10.43 km/h

Rank in course/Total: 209 (of 532)

Rank in course/Women: 12 (of 80)

Best time in course: 2:06:25

Rank in category: 5(of 13)

Best time in the category: 2:26:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:58	10.44	5	0:50	11	3:51	3.30	18:58	10.44	5	0:50	11	3:51
Schlüsie	3.10	19:50	9.38	4	0:31	9	2:43	6.40	38:48	9.90	4	1:21	9	6:34
Hermannsklippe	2.60	17:39	8.84	5	0:44	11	2:12	9.00	56:27	9.57	5	2:05	10	8:46
Brocken	3.10	29:51	6.23	8	3:13	20	5:03	12.10	1:26:18	8.41	6	4:09	12	13:49
Eiserner Handwe	3.60	17:36	12.27	2	0:13	8	2:41	15.70	1:43:54	9.07	5	3:48	12	16:30
Schlüsie	4.10	16:51	14.60	2	0:09	7	2:54	19.80	2:00:45	9.84	5	3:57	12	19:24
Loddenke	3.10	14:06	13.19	4	0:17	11	2:41	22.90	2:14:51	10.19	5	4:09	11	21:51
Ilseburg/Markt	3.30	15:55	12.44	6	0:47	18	2:45	26.20	2:30:46	10.43	5	4:25	12	24:21