



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Winkler, Heiko

Club: Poeler SV 1923e.V.
Number: 491

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:30:52

Speed: 10.34 km/h

Rank in course/Total: 211 (of 532)

Rank in course/Men: 199 (of 452)

Best time in course: 1:36:15

Rank in category: 34(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:28	9.25	33	6:22	228	7:42	3.30	19:28	9.25	33	6:22	228	7:42
Schlüsie	3.10	20:34	8.75	39	6:11	239	7:39	6.40	40:02	8.99	35	12:21	234	15:21
Hermannsklippe	2.60	18:02	6.65	34	5:32	221	6:47	9.00	58:04	9.30	34	17:40	232	22:08
Brocken	3.10	29:21	6.13	36	9:31	223	12:09	12.10	1:27:25	8.24	34	27:11	228	34:17
Eiserner Handwe	3.60	17:05	10.54	27	4:50	146	5:28	15.70	1:44:30	8.61	33	32:01	206	39:45
Schlüsie	4.10	16:39	14.41	30	4:45	157	5:13	19.80	2:01:09	9.41	34	36:46	200	44:58
Loddenke	3.10	13:58	12.89	35	3:50	173	4:21	22.90	2:15:07	9.77	34	40:36	199	49:19
Ilseburg/Markt	3.30	15:45	11.43	37	4:45	207	5:18	26.20	2:30:52	10.34	34	45:21	199	54:37