



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Haase, Marco

Club: Hannover  
Number: 134

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:31:25

Speed: 10.38 km/h

Rank in course/Total: 215 (of 532)

Rank in course/Men: 203 (of 452)

Best time in course: 1:36:15

Rank in category: 35(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:16	9.77	41	7:10	294	8:30	3.30	20:16	9.77	41	7:10	294	8:30
Schlüsie	3.10	20:30	9.07	38	6:07	233	7:35	6.40	40:46	9.42	41	13:05	265	16:05
Hermannsklippe	2.60	18:20	8.51	37	5:50	246	7:05	9.00	59:06	9.14	40	18:42	258	23:10
Brocken	3.10	28:45	6.47	31	8:55	200	11:33	12.10	1:27:51	8.26	36	27:37	235	34:43
Eiserner Handwe	3.60	18:03	11.97	36	5:48	198	6:26	15.70	1:45:54	8.90	36	33:25	230	41:09
Schlüsie	4.10	17:07	14.37	33	5:13	177	5:41	19.80	2:03:01	9.66	36	38:38	222	46:50
Loddenke	3.10	13:40	13.61	31	3:32	154	4:03	22.90	2:16:41	10.05	36	42:10	217	50:53
Ilseburg/Markt	3.30	14:44	13.44	23	3:44	124	4:17	26.20	2:31:25	10.38	35	45:54	203	55:10