



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Domine, Marco

Club: LG Ihleläufer Burg  
Number: 528

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:32:27

Speed: 10.31 km/h

Rank in course/Total: 225 (of 532)

Rank in course/Men: 213 (of 452)

Best time in course: 1:36:15

Rank in category: 40(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:06	10.94	23	3:59	115	6:20	3.30	18:06	10.94	23	3:59	115	6:20
Schlüsie	3.10	19:43	9.43	29	3:57	164	6:48	6.40	37:49	10.15	27	7:56	138	13:08
Hermannsklippe	2.60	18:08	8.60	43	4:17	228	6:53	9.00	55:57	9.65	30	12:13	168	20:01
Brocken	3.10	30:33	6.09	57	9:42	286	13:21	12.10	1:26:30	8.39	39	21:52	210	33:22
Eiserner Handwe	3.60	17:52	12.09	35	4:23	188	6:15	15.70	1:44:22	9.03	38	26:15	204	39:37
Schlüsie	4.10	17:07	14.37	30	4:00	177	5:41	19.80	2:01:29	9.78	36	29:43	202	45:18
Loddenke	3.10	14:33	12.78	44	3:59	219	4:56	22.90	2:16:02	10.10	37	33:05	206	50:14
Ilseburg/Markt	3.30	16:25	12.06	50	4:28	255	5:58	26.20	2:32:27	10.31	40	37:15	213	56:12