



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Jurkeit, Michael

Club: Fishtown Runners Bremerhaven  
Number: 523

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:33:08

Speed: 10.19 km/h

Rank in course/Total: 228 (of 532)

Rank in course/Men: 216 (of 452)

Best time in course: 1:36:15

Rank in category: 42(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:48	9.09	51	5:41	260	8:02	3.30	19:48	9.09	51	5:41	260	8:02
Schlüsie	3.10	19:51	9.07	30	4:05	174	6:56	6.40	39:39	9.08	44	9:46	219	14:58
Hermannsklippe	2.60	17:17	6.94	31	3:26	167	6:02	9.00	56:56	9.48	35	13:12	193	21:00
Brocken	3.10	27:38	6.51	33	6:47	163	10:26	12.10	1:24:34	8.51	32	19:56	178	31:26
Eiserner Handwe	3.60	18:28	9.75	46	4:59	224	6:51	15.70	1:43:02	8.74	33	24:55	186	38:17
Schlüsie	4.10	18:04	13.28	47	4:57	244	6:38	19.80	2:01:06	9.41	35	29:20	198	44:55
Loddenke	3.10	15:15	11.80	49	4:41	269	5:38	22.90	2:16:21	9.68	41	33:24	213	50:33
Ilseburg/Markt	3.30	16:47	10.72	56	4:50	286	6:20	26.20	2:33:08	10.19	42	37:56	216	56:53