



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Sowada, Peter

Club: Berlin  
Number: 324

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:33:47

Speed: 10.14 km/h

Rank in course/Total: 233 (of 532)

Rank in course/Men: 221 (of 452)

Best time in course: 1:36:15

Rank in category: 39(of 78)

Best time in the category: 2:00:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:57	9.02	44	5:03	270	8:11	3.30	19:57	9.02	44	5:03	270	8:11
Schlüsie	3.10	21:15	8.47	48	4:56	285	8:20	6.40	41:12	8.74	44	9:59	281	16:31
Hermannsklippe	2.60	19:17	6.22	50	5:04	308	8:02	9.00	1:00:29	8.93	47	14:59	288	24:33
Brocken	3.10	31:45	5.67	56	9:37	322	14:33	12.10	1:32:14	7.81	49	24:36	305	39:06
Eiserner Handwe	3.60	16:20	11.02	15	2:05	90	4:43	15.70	1:48:34	8.29	41	26:28	254	43:49
Schlüsie	4.10	15:42	15.29	15	2:11	92	4:16	19.80	2:04:16	9.17	40	28:07	230	48:05
Loddenke	3.10	14:01	12.84	33	2:30	176	4:24	22.90	2:18:17	9.55	39	30:37	224	52:29
Ilseburg/Markt	3.30	15:30	11.61	35	2:47	179	5:03	26.20	2:33:47	10.14	39	33:24	221	57:32