



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Heine, Heiko

Club: Thale  
Number: 498

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:35:28

Speed: 10.11 km/h

Rank in course/Total: 245 (of 532)

Rank in course/Men: 230 (of 452)

Best time in course: 1:36:15

Rank in category: 25(of 39)

Best time in the category: 1:51:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	19:22	10.22	20	5:39	220	7:36	3.30	19:22	10.22	20	5:39	220	7:36	
Schlüsie	3.10	19:48	9.39	18	4:32	173	6:53	6.40	39:10	9.80	19	10:08	195	14:29	
Hermannsklippe	2.60	17:20	9.00	17	4:14	169	6:05	9.00	56:30	9.56	19	14:22	183	20:34	
Brocken	3.10	30:21	6.13	31	10:13	276	13:09	12.10	1:26:51	8.36	24	24:26	217	33:43	
Eiserner Handwe	3.60	18:14	11.85	24	5:22	211	6:37	15.70	1:45:05	8.96	23	29:48	216	40:20	
Schlüsie	4.10	17:05	14.40	19	4:08	175	5:39	19.80	2:02:10	9.72	24	33:56	213	45:59	
Loddenke	3.10	15:07	12.30	26	4:00	256	5:30	22.90	2:17:17	10.01	24	37:56	219	51:29	
Ilseburg/Markt	3.30	18:11	10.89	33	5:54	357	7:44	26.20	2:35:28	10.11	25	43:50	230	59:13	