



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Hünecke, Ralf

Club: Loburg  
Number: 220

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:35:55

Speed: 10.08 km/h

Rank in course/Total: 249 (of 532)

Rank in course/Men: 233 (of 452)

Best time in course: 1:36:15

Rank in category: 47(of 91)

Best time in the category: 1:55:12

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Pos		Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men								
Loddenke	3.30	18:34	10.66	30	4:27	159	6:48	3.30	18:34	10.66	30	4:27	159	6:48	
Schlüsie	3.10	20:14	9.19	38	4:28	214	7:19	6.40	38:48	9.90	32	8:55	177	14:07	
Hermannsklippe	2.60	17:31	8.91	33	3:40	182	6:16	9.00	56:19	9.59	32	12:35	178	20:23	
Brocken	3.10	29:17	6.35	43	8:26	220	12:05	12.10	1:25:36	8.48	36	20:58	194	32:28	
Eiserner Handwe	3.60	19:24	11.13	54	5:55	273	7:47	15.70	1:45:00	8.97	43	26:53	213	40:15	
Schlüsie	4.10	20:36	11.94	70	7:29	354	9:10	19.80	2:05:36	9.46	50	33:50	241	49:25	
Loddenke	3.10	15:02	12.37	47	4:28	251	5:25	22.90	2:20:38	9.77	50	37:41	241	54:50	
Ilseburg/Markt	3.30	15:17	12.96	31	3:20	159	4:50	26.20	2:35:55	10.08	47	40:43	233	59:40	