



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Stiel, Adrian

Club: LG Wassersuppe  
Number: 297

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:36:17

Speed: 10.06 km/h

Rank in course/Total: 254 (of 532)

Rank in course/Men: 237 (of 452)

Best time in course: 1:36:15

Rank in category: 26(of 39)

Best time in the category: 1:51:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:35	10.11	25	5:52	239	7:49	3.30	19:35	10.11	25	5:52	239	7:49
Schlüsie	3.10	20:13	9.20	25	4:57	213	7:18	6.40	39:48	9.65	22	10:46	226	15:07
Hermannsklippe	2.60	17:30	8.91	20	4:24	180	6:15	9.00	57:18	9.42	21	15:10	205	21:22
Brocken	3.10	29:47	6.25	27	9:39	247	12:35	12.10	1:27:05	8.34	25	24:40	222	33:57
Eiserner Handwe	3.60	19:26	11.11	28	6:34	276	7:49	15.70	1:46:31	8.84	26	31:14	234	41:46
Schlüsie	4.10	18:09	13.55	25	5:12	245	6:43	19.80	2:04:40	9.53	26	36:26	232	48:29
Loddenke	3.10	14:43	12.64	24	3:36	228	5:06	22.90	2:19:23	9.86	26	40:02	231	53:35
Ilseburg/Markt	3.30	16:54	11.72	28	4:37	291	6:27	26.20	2:36:17	10.06	26	44:39	237	1:00:02