



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Ossiek, Stefan

Club: Bielefeld
Number: 133

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:36:42

Speed: 10.03 km/h

Rank in course/Total: 260 (of 532)

Rank in course/Men: 242 (of 452)

Best time in course: 1:36:15

Rank in category: 49(of 91)

Best time in the category: 1:55:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:46	10.02	49	5:39	256	8:00	3.30	19:46	10.02	49	5:39	256	8:00
Schlüsie	3.10	20:20	9.15	42	4:34	223	7:25	6.40	40:06	9.58	47	10:13	239	15:25
Hermannsklippe	2.60	18:08	8.60	43	4:17	228	6:53	9.00	58:14	9.27	48	14:30	235	22:18
Brocken	3.10	31:17	5.95	60	10:26	303	14:05	12.10	1:29:31	8.11	52	24:53	256	36:23
Eiserner Handwe	3.60	18:17	11.81	40	4:48	212	6:40	15.70	1:47:48	8.74	53	29:41	247	43:03
Schlüsie	4.10	17:57	13.70	45	4:50	234	6:31	19.80	2:05:45	9.45	51	33:59	245	49:34
Loddenke	3.10	14:32	12.80	43	3:58	218	4:55	22.90	2:20:17	9.79	49	37:20	238	54:29
Ilseburg/Markt	3.30	16:25	12.06	50	4:28	255	5:58	26.20	2:36:42	10.03	49	41:30	242	1:00:27