



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Mehlhase, Rainer

Club: Rostock
Number: 543

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:37:05

Speed: 9.93 km/h

Rank in course/Total: 262 (of 532)

Rank in course/Men: 244 (of 452)

Best time in course: 1:36:15

Rank in category: 19(of 50)

Best time in the category: 2:08:31

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Pos Men	Behind Men							
Loddenke	3.30	20:31	8.77	34	4:02	311	8:45	3.30	20:31	8.77	34	4:02	311	8:45
Schlüsie	3.10	21:07	8.52	22	3:48	270	8:12	6.40	41:38	8.65	29	7:24	293	16:57
Hermannsklippe	2.60	18:30	6.49	19	3:38	260	7:15	9.00	1:00:08	8.98	24	10:14	278	24:12
Brocken	3.10	29:58	6.01	18	6:04	256	12:46	12.10	1:30:06	7.99	20	16:18	269	36:58
Eiserner Handwe	3.60	18:47	9.58	20	3:20	242	7:10	15.70	1:48:53	8.27	20	19:38	258	44:08
Schlüsie	4.10	17:57	13.37	20	3:42	234	6:31	19.80	2:06:50	8.99	21	23:20	252	50:39
Loddenke	3.10	14:27	12.46	18	2:37	211	4:50	22.90	2:21:17	9.34	21	25:57	248	55:29
Ilseburg/Markt	3.30	15:48	11.39	17	2:37	209	5:21	26.20	2:37:05	9.93	19	28:34	244	1:00:50