



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Wilkens, Carsten

Club: Dasseler SC
Number: 242

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:39:27

Speed: 9.86 km/h

Rank in course/Total: 276 (of 532)

Rank in course/Men: 255 (of 452)

Best time in course: 1:36:15

Rank in category: 41(of 59)

Best time in the category: 1:45:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:30	10.15	34	6:24	230	7:44	3.30	19:30	10.15	34	6:24	230	7:44
Schlüsie	3.10	20:48	8.94	40	6:25	256	7:53	6.40	40:18	9.53	37	12:37	245	15:37
Hermannsklippe	2.60	18:16	8.54	36	5:46	239	7:01	9.00	58:34	9.22	37	18:10	250	22:38
Brocken	3.10	30:21	6.13	45	10:31	276	13:09	12.10	1:28:55	8.16	40	28:41	250	35:47
Eiserner Handwe	3.60	18:32	11.65	38	6:17	229	6:55	15.70	1:47:27	8.77	39	34:58	244	42:42
Schlüsie	4.10	18:29	13.31	43	6:35	256	7:03	19.80	2:05:56	9.43	40	41:33	247	49:45
Loddenke	3.10	15:47	11.78	50	5:39	306	6:10	22.90	2:21:43	9.70	41	47:12	252	55:55
Ilseburg/Markt	3.30	17:44	11.17	51	6:44	334	7:17	26.20	2:39:27	9.86	41	53:56	255	1:03:12