



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Althof, Elke

Club: LF Ehberg 02
Number: 90

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:41:20

Speed: 9.67 km/h

Rank in course/Total: 289 (of 532)

Rank in course/Women: 22 (of 80)

Best time in course: 2:06:25

Rank in category: 2(of 21)

Best time in the category: 2:34:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:35	9.19	1	-	16	4:28	3.30	19:35	9.19	1	-	16	4:28
Schlüsie	3.10	20:52	8.63	1	-	16	3:45	6.40	40:27	8.90	1	-	16	8:13
Hermannsklippe	2.60	18:45	6.40	2	0:31	20	3:18	9.00	59:12	9.12	2	0:04	19	11:31
Brocken	3.10	29:44	6.05	2	0:20	19	4:56	12.10	1:28:56	8.10	1	-	18	16:27
Eiserner Handwe	3.60	19:36	9.18	6	1:27	32	4:41	15.70	1:48:32	8.29	2	1:18	20	21:08
Schlüsie	4.10	20:40	11.61	8	2:43	47	6:43	19.80	2:09:12	8.82	2	4:01	21	27:51
Loddenke	3.10	15:42	11.46	6	1:26	37	4:17	22.90	2:24:54	9.11	2	5:27	22	31:54
Ilseburg/Markt	3.30	16:26	10.95	4	1:14	25	3:16	26.20	2:41:20	9.67	2	6:41	22	34:55