



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Schwenke, Jan

Club: Hannover  
Number: 115

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:42:24

Speed: 9.61 km/h

Rank in course/Total: 299 (of 532)

Rank in course/Men: 274 (of 452)

Best time in course: 1:36:15

Rank in category: 36(of 48)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:30	8.37	44	7:22	382	9:44	3.30	21:30	8.37	44	7:22	382	9:44
Schlüsie	3.10	21:45	8.28	40	5:52	315	8:50	6.40	43:15	8.32	43	13:12	356	18:34
Hermannsklippe	2.60	18:30	6.49	32	4:38	260	7:15	9.00	1:01:45	8.74	40	17:46	317	25:49
Brocken	3.10	30:17	5.94	35	8:36	271	13:05	12.10	1:32:02	7.82	38	26:22	304	38:54
Eiserner Handwe	3.60	19:23	9.29	34	5:38	269	7:46	15.70	1:51:25	8.08	38	31:49	291	46:40
Schlüsie	4.10	18:31	12.96	36	5:19	257	7:05	19.80	2:09:56	8.77	36	37:02	280	53:45
Loddenke	3.10	15:09	11.88	35	3:44	259	5:32	22.90	2:25:05	9.10	36	40:46	276	59:17
Ilseburg/Markt	3.30	17:19	10.39	40	4:44	319	6:52	26.20	2:42:24	9.61	36	45:30	274	1:06:09