



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Gorgas, Christina

Club: Nordseeläufer
Number: 253

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:43:27

Speed: 9.54 km/h

Rank in course/Total: 310 (of 532)

Rank in course/Women: 26 (of 80)

Best time in course: 2:06:25

Rank in category: 6(of 18)

Best time in the category: 2:15:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:10	8.12	14	5:52	54	7:03	3.30	22:10	8.12	14	5:52	54	7:03
Schlüsie	3.10	22:10	8.12	8	3:51	29	5:03	6.40	44:20	8.12	13	9:43	43	12:06
Hermannsklippe	2.60	18:56	6.34	5	2:30	23	3:29	9.00	1:03:16	8.54	9	12:13	31	15:35
Brocken	3.10	31:02	5.80	5	4:05	25	6:14	12.10	1:34:18	7.64	8	16:18	28	21:49
Eiserner Handwe	3.60	19:15	9.35	8	4:08	29	4:20	15.70	1:53:33	7.93	7	20:26	28	26:09
Schlüsie	4.10	18:47	12.78	7	3:30	28	4:50	19.80	2:12:20	8.61	7	23:56	27	30:59
Loddenke	3.10	14:50	12.13	6	2:13	19	3:25	22.90	2:27:10	8.97	6	26:09	26	34:10
Ilseburg/Markt	3.30	16:17	11.05	6	1:41	23	3:07	26.20	2:43:27	9.54	6	27:50	26	37:02