



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Wienstroer, Antje

Club: Team Erdinger Alkoholfrei  
Number: 380

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 2:44:32

Speed: 9.48 km/h

Rank in course/Total: 324 (of 532)

Rank in course/Women: 28 (of 80)

Best time in course: 2:06:25

Rank in category: 5(of 21)

Best time in the category: 2:34:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:23	8.04	12	2:48	59	7:16	3.30	22:23	8.04	12	2:48	59	7:16
Schlüsie	3.10	22:25	8.03	7	1:33	36	5:18	6.40	44:48	8.04	10	4:21	46	12:34
Hermannsklippe	2.60	19:55	6.03	5	1:41	32	4:28	9.00	1:04:43	8.34	8	5:35	40	17:02
Brocken	3.10	30:57	5.82	5	1:33	23	6:09	12.10	1:35:40	7.53	5	6:44	31	23:11
Eiserner Handwe	3.60	18:50	9.56	3	0:41	24	3:55	15.70	1:54:30	7.86	5	7:16	29	27:06
Schlüsie	4.10	18:30	12.97	4	0:33	24	4:33	19.80	2:13:00	8.57	5	7:49	29	31:39
Loddenke	3.10	14:58	12.03	2	0:42	22	3:33	22.90	2:27:58	8.92	5	8:31	29	34:58
Ilseburg/Markt	3.30	16:34	10.87	7	1:22	31	3:24	26.20	2:44:32	9.48	5	9:53	28	38:07