



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Plump, Gerd

Club: Flachlandläufer
Number: 290

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:44:46

Speed: 9.47 km/h

Rank in course/Total: 326 (of 532)

Rank in course/Men: 298 (of 452)

Best time in course: 1:36:15

Rank in category: 51(of 78)

Best time in the category: 2:00:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	km/h	Cat.	Men	Cat.	Men
Loddenke	3.30	20:02	8.99	45	274	5:08	8:16	3.30	20:02	8.99	45	274	5:08	8:16
Schlüsie	3.10	20:31	8.77	40	236	4:12	7:36	6.40	40:33	8.88	43	258	9:20	15:52
Hermannsklippe	2.60	17:56	6.69	39	213	3:43	6:41	9.00	58:29	9.23	41	246	12:59	22:33
Brocken	3.10	31:19	5.75	51	308	9:11	14:07	12.10	1:29:48	8.02	43	261	22:10	36:40
Eiserner Handwe	3.60	19:59	9.01	52	304	5:44	8:22	15.70	1:49:47	8.20	47	269	27:41	45:02
Schlüsie	4.10	21:29	11.17	68	381	7:58	10:03	19.80	2:11:16	8.68	47	292	35:07	55:05
Loddenke	3.10	16:28	10.93	63	346	4:57	6:51	22.90	2:27:44	8.94	52	298	40:04	1:01:56
Ilseburg/Markt	3.30	17:02	10.57	53	300	4:19	6:35	26.20	2:44:46	9.47	51	298	44:23	1:08:31